

VOLCANO CONSULTING LLC

Multidisciplinary Public Health & Nonprofit Consulting
www.volcanoconsulting.com

Menu of Educational and Training Offerings *Don't see what you want? Ask us!*

Many of these offerings can be modified to fit a time frame of at least one hour. Some require a set number of hours. Please ask us how we can modify the time frame needed to conduct a training. Prices vary. Some trainings may be negotiated to be conducted for free (not typical, but ask!) Please allow at least a four weeks advance notice. If you are pressed for time, please include this information in the comments and we will notify you if we are able to accommodate less notice. Pricing ranges from \$0.00 to \$300.00 per hour (we conduct a small number of free 1-2 hour workshops/trainings each year).

<i>Interested</i>	<i>Service</i>	<i>Description</i>
	CHES Exam Prep	Overview of the exam requirements and a review of health education concepts, theory and models (including Precede/Proceed), administration, pedagogy, planning strategies and models, instruments and tools, basic epidemiology, community health strategies, health promotion, and all areas of responsibility required to pass the exam. This training requires 30-60 days advanced notice.
	Public Health Theory	Review of the Ecological and Health Belief models; The Stages of Change (Transtheoretical Model), the Social Cognitive Theory, Theory of Reasoned Action/Planned Behavior, and the Theory of Gender and Power.
	Conducting a Needs Assessment	Overview of the purpose and use of the needs assessment, the needs assessment planning process, a review of information and data finding and sources, basic instrument development, and basic report design. Minimum 2 hours.
	Common Nonprofit and Public Health Documents and Reports	An overview of common nonprofit and public health reports and documents. Templates included. Minimum 2 hours.
	Grant Finding Strategies/Googling for Grants with Grant Announcement Review	Overview of methods, strategies, and tools for finding suitable grant opportunities and how to determine which opportunities are a suitable fit.

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	The Fuel for Funding: Beginner's Grant Writing Workshop	This basic, yet interactive workshop will discuss: grant readiness (actions and items you need under your belt); types of funding; written communication; the basics of program design; managing information and data; grant do's and don'ts. Includes hands-on practice and exercises to reinforce the concepts learned. Workshop includes writing activities and the examination of a funded grant proposal. This training requires 30-60 days advanced notice. Minimum 6 hours; 8-12 hours recommended.
	Program Evaluation	Overview of the basic structure of an evaluation plan, the development of tools and instruments, and common program evaluation strategies. Minimum 2 hours.
	Nonprofit Contracting	Understand where to find nonprofit contracting opportunities and the basics of local government contracting.
	Grant Capacity/Readiness	Learn the foundational components of nonprofit and program grant capacity. Understand how to improve your likelihood of receiving grant funding and maintaining that funding.
	General Technical Assistance Workshops	Schedule an appointment to receive consultation on how to solve your immediate and most pressing concerns and problems. Scheduled in 2-hour time slots.
	Program Development and Design	Learn how to include the most important details and components into your program idea or current program. Minimum 2 hours.
	Memoranda of Understanding, Letters of Support, and Letters of Intent	Understand the importance of partnerships and learn how to make those relationships formal. Receive templates to design MOU's, LOSs, and Letters of Intent.
	Winning After the Notice of Award: Basic Grant Management Skills	Winning the grant is only half the battle. Learn the steps you'll need to take in preparation of the receipt of grant funds and the structural components you'll need in place to keep that funding. Minimum 2 hours.
	Basic Program Data Collection Tools	This workshop will prepare attendees to have vital data and information on hand, where to locate reliable data, and how to interpret that information and data. Attendees will understand how to share data and information to sustain programs and services. Minimum 2 hours.

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Developing a Mission Statement	Learn the basic structure of Mission and Vision statements and how to narrow down what you want the world to know about your organization.
Understanding 990's	The nonprofit tax return can be daunting. Understand the 990 lines, how you can use them to research other organizations and how you can tell your organizational story through your 990.
Strategic Partnerships	Partnerships should be and can be mutually beneficial. Learn tips and tricks to strategic partnership planning and execution. Minimum 2 hours.
Basic Questionnaire Design	Learn the importance of asking questions and how to ask them to maximize the quality of the information you obtain. Look at questionnaire design tools and what you can do with the information once you obtain it.
Workplan Development	Workplans are an essential part of an effective program. Learn the basic components and how to create your own. Template included.
Program Recruitment and Retention	Recruitment and Retention Planning is one of the most basic ways to ensure you reach your program participation goals. Develop a recruitment and retention plan for your program. Template included.
Pedagogy and Facilitation Skills	Delivering information and education effectively takes skill and practice. Learn basis learning concepts, behavior change theories and strategies and practice to develop your facilitation skills. Practical skills training.
Basic Epidemiology for Nonprofits and Public Health	Learn how to effectively find, interpret, and report population data. Practice basis epidemiologic calculations and interpretation and be introduced to common graphs and their interpretation.
Professional Development Strategies	Understand how you can support your staff without breaking the bank. Professional development should be a priority to ensure those you serve are getting the best services and care. Learn to develop and track professional development plans.
Literacy and Promotion in Health and Community Programs	Understand the importance of applying basic literacy and promotion strategies to best ensure you are reaching the right people in the right way. Includes an overview of the concepts of cultural and linguistically sound practices, determining reading levels, and the foundations of cultural knowledge, awareness, and sensitivity.
Basic Human Sexuality and Sexuality Education	Learn the basics about male and female anatomy and function, STDs, HIV, and effective ways to educate about human sexuality.

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	Logic Models	Learn how to demonstrate your theory of change and expected program outputs and/or outcomes. Create a logic model together as a group.
	Strength-Based and Trauma Informed Practice	Client-centered and strength-based practices are proven to increase positive program outcomes and an understanding of trauma and its effect on behavior is more important now than ever. Learn to help in a harm-reducing manner and help those you serve realize their strengths.
	Sustainability Planning	Will your program or organization be able to survive a funding loss? Will you have to lay off essential staff or stop essential functions? Learn how to avoid these pitfalls. Template provided.
	Strategic Planning	Every organization needs a strategic plan. Learn where to start, how to facilitate the process, and how to ensure your Strategic Plan is implemented. Template provided. Minimum 2 hours.
	Professionalism	This training will ensure attendees learn the essentials of professionalism. Topics include: Hard and soft skills, email etiquette, organizational structure and chain of command/span of control, respect, courtesy, and appreciation, nonverbal communication and other topics. Minimum 2 hours.
	Phlebotomy	Learn the theoretical foundations of phlebotomy, obtain practical experience using anatomical models and then real-life patients (optional and subject to requirements). This training requires we be hired by a business or organization and cannot be offered to the general public. Recommended: 16 hours; minimum 12 hours.
	Standard and Universal Precautions & Exposure Control	Learn about common infectious diseases in health care settings, and how to manage the risk of infection. Learn appropriate quality management activities to complete and the steps needed should an exposure occur. Minimum 2 hours.
	CLIA-Waived Laboratory Management and Policy Development	Learn basic laboratory concepts and terminology and learn the basics of the clinical and nonclinical policies needed to stay compliant and safe. Minimum 2 hours.
	HIPAA for Nonprofits and Community Workers (Fulfills Annual Update)	This online course will provide training on HIPAA compliance which addresses the unique ways HIPAA can be violated in non-clinical settings. The training is HIPAA Privacy and Security Rule 45 compliant.

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	Program Planning and Design	Learn the most important components of a program plan and how to avoid common program pitfalls. Minimum 2 hours.
	Program Budget Planning	What should you include in your programmatic budget? How should it be structured? Find out in this workshop. Minimum 2 hours.
	Health Education	Diabetes, Cancer, Heart Disease, Obesity, Nutrition, Women's Health, Asthma, etc. Ask Us!